

What to do if you are being bullied

- Always tell a teacher or an adult you trust
- Don't react by being nasty back
- Don't keep it to yourself

If you tell an adult in school, what can you expect to happen?

- They will listen to you and take you seriously
- The bullying incident will be dealt with quickly
- The incident reported will be properly logged
- A senior member of staff will deal with the incident
- Where appropriate, the parents of both parties will be informed or called into school
- Senior staff and Form Teachers will monitor the situation
- The bully will be subject to the school behaviour policy and dealt with accordingly. Extreme cases may lead to temporary or permanent exclusion



What to do if you see someone being bullied

- Tell a teacher as soon as possible
- Warn the bully that you are going to tell an adult
- Encourage the person being bullied to walk away
- Tell the bully to stop
- Go with the person being bullied to get help

What to do if you think you are the bully

- Try your best to stop
- Ask someone you trust for help and advice
- Think about changing your behaviour
- Think how you are making others feel
- Say sorry - and mean it!

Who can I talk to?

School Council Staff

Mrs Kinnes and Mrs Handy

Head Teacher: Mrs Foulger

Safeguarding Leaders:

Mrs Page and Mrs Grainge

ANY ADULT THAT I TRUST

Pupil Anti-Bullying Information



St David's Prep

This information was created
with the agreement of
members of the School Council
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OUR ANTI-BULLYING POLICY

At St David's Prep we agree that everyone has the right to learn in a safe secure environment where no bullying is tolerated. We all want to work together to prevent bullying in any form.

Throughout work in our class we learn what bullying is. This helps us to realise how bullying makes others feel and can help us to deal with it. This leaflet gives advice on how and when to get help, whether for yourself or for someone else who may need support.

The full policy for adults is on the school website.

WHAT IS BULLYING?

In our school, bullying is when someone is nasty or unkind on purpose and more than once

BULLYING IS NOT:

- Fallout with a friend
- An accident
- Something that happens once
- Fighting

BULLYING CAN BE:

- Emotional (saying unkind things, making up things that are not true)
- Physical: (punching, kicking, spitting)
- Cyber: (horrid text messages or emails)

Several times a year we will take time in assembly and class to explain, consider and discuss the issues around bullying. We will think about how to stop it.

The School Council has bullying as an item on their agenda at every meeting.

Through PSHEE, other lessons throughout the year, and a visit to the Life Bus, we have opportunities to consider and reflect upon the issues surrounding bullying and its effect on everyone concerned, whether perpetrator or victim.

