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Friday 20th September

Pre-Reception and Reception Christmas Productions

Please note that these will
start at 1.30pm and not
2.00pm as previously advised.

Mrs Foulger, Headteacher writes:

What a glorious week! The sun has shone and despite the chilly mornings, we have all enjoyed being outside, feeling the warmth of the sun amidst our beautiful field and outside spaces. During the school day, our expectations are high and the children work incredibly hard in their lessons. However, increasingly aware of mental health issues and general well-being for all our pupils, we endeavour to factor in times of quiet and calm, opportunities for self-reflection and plenty of time to 'let off steam'.

Wellbeing, as simply defined in the Oxford Dictionary, is '*a state of being comfortable, happy and healthy*'. What are we doing at St David's to ensure this is the experience for our pupils?

In the past few years, a number of areas of the whole school site have been upgraded and refreshed. New furniture has been purchased, cloakrooms remodelled and many areas carpeted as well as an extensive clearance of our outside space. These are just a few examples of the way in which we take the comfort of our school community seriously and acknowledge the importance of a conducive learning environment.

Promoting a healthy lifestyle will always be a key priority at St David's. Our caterers provide a wide variety of delicious, nutritious snacks and lunches whilst our sports staff are relentless in engendering a love of sport and activity in each of our young people.

The happiness that radiates from our school is frequently commented upon by visitors. Generally, our children and staff are happy and we will go out of our way to ensure this remains the case. Realistically things do go wrong from time to time; friends fall out, work is challenging or perhaps a home situation is causing anxiety. We cannot wrap our children in cotton wool or protect them from the world but we do believe that by providing the opportunities and strategies to self-reflect then we are helping them to be resilient and prepared for the future. Every class sets aside time for reflection with the children allowed to write down their thoughts and feelings. In addition, we encourage appreciation of the outside. Yesterday, the prep assembly time was spent walking silently down to the field, simply listening and looking, simple moments of awe and wonder...

Well-being

/ˌwelˈbiːɪŋ/
noun

"The state of being
comfortable,
healthy and happy"



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AND INSTAGRAM





We will be celebrating Harvest this year on Friday 4th October. Harvest is one of the oldest customs and thanksgiving ceremonies held worldwide to celebrate the food grown on the land. In Britain, we have been giving thanks for successful harvests since pagan times. Harvest Festival in school is a time for us to give thanks for all the good things we have available and an opportunity for us to share with others who are not so fortunate.

We would ask that the children bring into school, on the morning of Friday 4th, gifts that can be donated to the Salvation Army shelter for the homeless in London's Regent Street and food items for the Living Well Foodbank in Penge, who give out over 200 bags of food each week.

Suggested items include:

Basic dried and tinned food, such as pasta, rice or instant mashed potato, tinned meat, fish, fruit and vegetables. UHT milk cartons, soup and biscuits.

Toiletries, such as shower gel, toothpaste and toothbrushes, shaving foam, disposable razors and shampoo.

Men's warm socks, gloves, hats and fleeces.

Thank you in anticipation.



Please come and join us on Friday 27th September between 9.00am and 10.30am hosted by Mr Hunter and Year 6.

Any donations of cakes or raffle prizes will be most welcome.

There will be an unsupervised play area available.



Tomorrow night, Saturday 21st September, Mr Hunter and his wife, Charlotte, will be taking part in the Marathon Shine Night Walk through London in aid of Cancer Research.

If you would like to sponsor them please use the link below:

<https://fundraise.cancerresearchuk.org/team/simons-team-25>

Thank you for helping them support this worthwhile cause.

REMINDER



Please ensure that all pupils have a pair of black plimsolls in school. These will be worn in the hall for PE and indoor games sessions. No other footwear will be permitted, therefore any child without plimsolls will have to sit out for their class session.

SPECIAL AWARDS – WELL DONE!

The following pupils have been awarded Excellence

Awards from Mrs Foulger:

Scarlett (1) – Learning French Alphabet

Elianna (6) – Perseverance in Maths

River (6) – Perseverance in Maths

Lottie (6) – Distinction in Music

MUSIC RESULTS

Alice (6) – Grade 1 Singing with Merit

Lottie (6) – Grade 5 Oboe with Distinction

WELL DONE!

SEPTEMBER

Next week ...

Wed 25th Y3 Chislehurst Caves

Thurs 26th School photos

WINTER UNIFORM ONLY

Friday 27th 9am – 10.30am

MacMillan Coffee Morning

Please bring along friends and family

OCTOBER

Wed 2nd 4pm Y5 & 6 Football (H) v St Joseph's

Thur 3rd Y2 Scooter Training

Friday 4th Harvest Festival

Y5 Royal Observatory, Greenwich

SATURDAY 12th OCTOBER

9.30AM – 12.00PM



HOLIDAY CLUB

MONDAY 28TH OCTOBER – FRIDAY 1ST NOVEMBER