

Dance Classes at St David's Prep

Pre-Reception & Reception – Ballet & Jazz

As an introduction to dance, this class will include Ballet & Jazz.

This is a fun class using mime & imagination and basic ballet & jazz technique. We introduce your child to the basic dance skills as well as placing their feet in the basic ballet positions whilst using imaginative stories and make believe. In the Jazz section, pupils will enjoy dancing along to modern pop music and learning to wiggle like a pro!

Years 1-2 – Modern/Commercial Jazz

These classes follow the ISTD Modern Theatre syllabus which consists of a number of exercises and amalgamations designed to introduce rhythm & rhythmicity, technique, stretching & strengthening. The syllabus works on dance movements including practising turns, kicks & leaps. This class also encompasses a range of jazz styles including lyrical, technical and some basic street dance all to a varied range of music from Broadway to current chart hits. Classes involve a warm-up followed by corner work, practicing kicks, turn and jumps followed by a routine that is added to each week.

Years 3-6 – Street Dance

Have you ever seen an amazing music video or performance on MTV? Then you will already know what Street dance looks like. Street dance takes any form of popular music - from pop to hip hop - and choreographs routines to the beats. Throw in some popping and locking and you will soon be strutting your stuff in this high energy class! This class is aimed at anyone who wants to be part of the latest dance scene.

Thursday Dance Classes at St David's Prep:

Lessons will start Thursday 10th January. There will be no dance class on Thursday 7th February and Thursday 14th February.

2.15pm – 3.00pm	PRE-RECEPTION & RECEPTION
3.15pm – 4.00pm	YEARS 1-2
4.00pm – 4.45pm	YEARS 3-6

Cost: 10 lesson £65.00

COMPULSORY UNIFORM

PRE-RECEPTION & RECEPTION:

PE KIT

Pink Ballet Shoes (Girls)
Black Ballet Shoes (Boys)

YEARS 1-6:

Plain Bright T-shirt
Plain Black Leggings (girls)
Plain Black Jogging bottoms or Black shorts (boys)
Black Jazz Shoes

To sign-up for lessons please complete the Club & Activity form and should you have any questions contact the School Office office@stdavidsprep.com.

Sincerely

Michelle Sidwell AISTD DDE, AIDTA (Bt, T, Mj)

Principal, Michelle Sidwell Academy of Dance

www.michellesidwellacademyofdance.co.uk